Developing One Page Descriptions

Support Development Associates
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One Page Descriptions

• A positive way to introduce your child
  – Helps teachers and others who are paid
    meet the person, not the disability

• Tells others
  – What people like and admire
  – What is most important to
  – How to best support
SOME EXAMPLES OF DESCRIPTIONS
Name’s One Page Profile

What People Like and Admire about

What is Important to

Supports __________ Needs To Stay Happy, Healthy & Safe

Supports, continued

Insert Photo Here
THE CORE CONCEPT: IMPORTANT TO AND IMPORTANT FOR
SORTING IMPORTANT TO/FOR

- IMPORTANT TO?
- IMPORTANT FOR?

WHAT ELSE DO WE NEED TO LEARN/KNOW?
Important TO:

What is important to a person includes those things in life which help us to be satisfied, content, comforted and happy. It includes:

• People to be with /relationships
• Things to do
• Places to go
• Rituals or routines
• Rhythm or pace of life
• Things to have
Important To

• Includes what matters the most to the person – their own definition of quality of life.

• What is important to a person includes only what the person “says”:
  • with their words
  • with their behavior

• When words and behavior are in conflict, listen to the behavior.
Important For

What is important for people, includes only those things that we need to keep in mind regarding–

• Issues of health or safety
  • Physical health and safety, including wellness and prevention
  • Emotional health and safety, including support needed
• What others see as important to help the person be a valued member of their community
SORTING IMPORTANT TO/FOR

○ IMPORTANT TO?

○ IMPORTANT FOR?

○ WHAT ELSE DO WE NEED TO LEARN/KNOW?
Beginning to build your description
Always start with the introduction:
What Others Like & Admire
You Decide...
Taylor

Taylor is thirteen years old and in the 6th grade. He has a diagnosis of mental retardation and a history of seizures. His disease has caused tumors to grow in various organs and tissues of his body, most significantly his brain and both kidneys. Taylor reads on a second-grade level. Handwriting is very difficult for Taylor, due to poor spatial awareness and weak fine motor skills. He needs assistance to follow instructions that require more than 2 steps. Math is his most difficult subject, due to a very limited understanding of the abstract concepts of math as well as no sequencing ability. He has no concept of numbers. Taylor is receiving special education and related services, including speech, physical, and occupational therapies. He exhibits some receptive & expressive language difficulties. Taylor is a pleasant young man who is eager to please.
Lee is a seventh grader. He is a hard working and creative individual, who takes his work seriously. He is persistent and committed. He is especially fascinated by the social studies and sciences; his favorite television shows are the Discovery Channel and The Weather Channel. He enjoys working with his hands, particularly with small engines. Lee has traveled the United States and Texas extensively, and has traveled outside of the United States on both borders as well. His hobby is model railroading; he operates a large O-gauge railroad at home. He volunteers his time to a local non-profit organization, repairing their lawn mowers and mowing lawns. He rides horses weekly. Lee maintains an A-B average every year and has been elected by his teachers to receive the Citizenship Award twice in the last three years. He has received the Presidential Academic Excellence Award. Lee ran cross-country this fall, winning an 8th place medal in District. He plans to run on the track team in the spring.
Think About. . .

• How you would want your child to be introduced to others
• Helping people see past the disability
• What do you like about your son or daughter?
• What do you admire about your son or daughter?
Name’s One Page Profile

What People Like and Admire about

Help Others See Past the Disability

Think about what you admire about your son or daughter

What is Important to

Supports

Needs To Stay Happy, Healthy & Safe

Supports, continued

10/2010 SDA
LEARNING ABOUT WHAT IS IMPORTANT TO AND HOW TO BEST SUPPORT
Discovery/listening tools

• The “if you only had 2 minutes to share...” question
• Good day/bad day
• Rituals and routines
• Communication chart
• Relationship map
Imagine that -

• You had to have someone else provide support for your son or daughter
• It is someone you trust but who doesn’t know your son or daughter
• You want to give them an overview, a summary in 2 minutes of what they need to know
• What would you say?
What People Like and Admire about ________

Insert Photo Here

What is Important to ________

Write what helps your son or daughter feel happy, comforted, satisfied.

Supports ________ Needs To Stay Happy, Healthy & Safe

Does your response to the 2 minute question suggest any supports? If so note them here.

Supports, continued
Good Day/Bad Day

• What is a good day like for this person

• What is a bad day like for this person
What People Like and Admire about

What is Important to

What else makes your son or daughter happy that should be noted here?

Supports _________ Needs To Stay Happy, Healthy & Safe

What other supports should be shared?

Supports, continued
Routines & Rituals
Routines and Rituals:

• Guide us through our days and bring consistency, comfort and control
• Are the “little things” that determine if we are happy
• Written up, they let others know how to support us in ways that keep us happy and safe
Other Rituals

- Going to bed
- Transition
- Birthday
- Cultural/Holiday
- Spiritual
- Vacation
- Comfort
- Feeling Ill
- Celebration
- Grief/Loss
Morning Routine

• What time does your son or daughter get up?
• How do they get up For example: do you wake them, use an alarm clock
• What is the first thing they do when they wake up?
• What does the rest of the morning look like – step by step
's One Page Profile

What People Like and Admire about ________

Insert Photo Here

What is Important to ________

Add here anything else you think should be shared about what is important to your daughter or son.

Supports ________

Needs To Stay Happy, Healthy & Safe

Does your daughters' or sons' routine suggest important supports? Write those here.

Supports, continued
### Listening to behavior...

#### A communication chart

<table>
<thead>
<tr>
<th>What is happening</th>
<th>____________ does</th>
<th>We think it means</th>
<th>And we should</th>
</tr>
</thead>
</table>
Who else should contribute?

Who has important information?

Who else knows and cares?
People Map for:

Family

People who support the person at work, school, training

Friends

People whose job is to support the person at home and other places
Who should I talk to?
Who should I listen to?
Who should I listen to?

• What do you like about ______________?
• What do you admire about ____________?
• When is the last time you had fun together?
Who spends time with your son or daughter? What would you like them to know?

- Think about the people who spend time with your son or daughter –
  - Teachers
  - Aids
  - People who provide support at home
  - Professionals –
    - Nurses
    - Service coordinators

- What would is important for them to know?
  - How well does what you have written cover what you want them to read?
  - What changes does it need?
  - Do you need to have more than 1?
For More Information

Michael Smull
Support Development Associates
michael@sdaus.com

www.learningcommunity.us